

MASTERING CHANGE IN A VUCA ENVIRONMENT: MENTAL AGILITY MASTERY PROGRAM MAMP-S

Duration: 1 day; Instructor-led | Virtual Instructor-led

OVERVIEW

In our one-day program, we explore the art of Mental Agility, arming you with the tools to excel in an ever-changing world. Unlock the secrets of Mental Agility for your team, gaining a competitive edge in adapting to change, and leave with practical techniques to navigate life and work with precision, using Mental Agility as your guiding compass.

OBJECTIVES

- Raise awareness of the four dimensions of Mental Agility— Self-Agility, People Agility, Change Agility, and Results Agility— enabling you to better harness your strengths, enhance teamwork, adapt to change effectively, and deliver results in challenging circumstances.

PREREQUISITES

- Designed for individuals ready to navigate change and master mental agility in the VUCA environment.

AUDIENCE

Professionals in VUCA Environments, Business Owners, Career Advancers, Management Teams, Sales & Customer Service Teams

COURSE CONTENTS

Module 1: Self-Agility: Ignite Your Personal Growth Journey

- Embark on a profound self-discovery journey, uncovering your unique strengths and weaknesses

Module 2: People Agility: Supercharge Team Collaboration

- Reveal hidden talents and untapped potential within your teams by employing a straightforward talent-discovery method

Module 3: Change Agility: Master the Art of Embracing Change

- Embrace change with our concise 5-category formula and navigate shifting landscapes with ease.

Module 4: Results Agility: Deliver Exceptional Results

- Equip yourself with the 9 Key Indicators, even in the face of the toughest challenges.



Delivered by Proctor Gallagher Institute (PGI) Certified Consultant